LEGEND FITNESS OFFERS TOUGH-AS-NAILS, SMOOTH OPERATING, AMERICAN-MADE PLATE-LOADED EQUIPMENT THAT’S SURE TO BE A HIT IN YOUR GYM.

To many trainers, plate-loaded machines combine the best features of free weights and selectorized machines. Plate-loaded machines allow users to train without a spotter and reduce the risk of injury due to the supportive structure and controlled movement ranges. While stack machines can provide similar controlled movements, plate-loaded machines offer smoother movements thanks to the lack of frictional resistance. At Legend Fitness, we pride ourselves on a wide variety of top-of-the-line plate-loaded equipment your athletes will love.
LeverEDGE is the Legend Fitness line of plate-loaded, leverage strength equipment that features extreme user adjustability, smooth movements, and abundant color choices. The ultimate in customizable plate-loaded machines, revered by everyone who loads one up and does a few reps.

6001 SHOULDER PRESS UNILATERAL CONVERGING
Integrated weight storage for 45 lb, 35 lb, 25 lb, and 10 lb plates.
Chrome-plated weight storage and loading pegs.
Seat adjustable for height and angle.
Three-position handle grips: inside, wide and neutral.
Dimensions: 52 x 60.25 x 53.5
Shipping Weight: 411 lbs
Plates sold separately.

6002 INCLINE CHEST PRESS UNILATERAL CONVERGING
Seat adjustable for height and angle.
Three-position handles: inside, wide and neutral.
Extra long loading pegs hold seven or more plates.
Variable starting position with spring loaded lever stops.
Dimensions: 62.5 x 59.25 x 66.5
Shipping Weight: 406 lbs
Plates sold separately.
6003 FLAT CHEST PRESS UNILATERAL CONVERGING

Integrated weight storage for 45 lb, 35 lb, 25 lb, and 10 lb plates. Bench height is tournament compatible.
Extra long loading pegs hold seven or more plates.
Three-position handle grips: inside, wide and neutral.

Dimensions: 54 x 61.5 x 45.75
Shipping Weight: 334 lbs

Plates sold separately.

6004 SEATED VERTICAL ROW UNILATERAL CONVERGING

Two-position chrome-plated foot pegs.
Seat and sternum pads adjustable for height and reach.
Extra long loading pegs hold seven or more plates.
Four-position handle grips: high, low, wide and neutral.

Dimensions: 53.75 x 69.75 x 54.25
Shipping Weight: 480 lbs

Plates sold separately.

6005 LAT PULLDOWN UNILATERAL DIVERGING

Integrated weight storage for 45 lb, 35 lb, 25 lb, and 10 lb plates. Seat and thigh pads adjustable for height.
Chrome-plated weight storage and loading pegs.
Three-position handle grips: inside, high, and rotating low.

Dimensions: 81.5 x 59.75 x 73.25
Shipping Weight: 520 lbs

Plates sold separately.

6006 VERTICAL WIDE CHEST PRESS UNILATERAL CONVERGING

Inward-facing load pegs minimize footprint.
Seat adjustable for height and angle.
Extra long loading pegs hold seven or more plates.
Aluminum diamond plate foot platform.

Dimensions: 61.25 x 66 x 58.5
Shipping Weight: 450 lbs

Plates sold separately.
6007 SEATED BICEP CURL UNILATERAL
Two-position rotating handles for less wrist strain. Unilateral lever action. Extra long loading pegs hold 7+ plates. No cams or cables for direct energy transfer & minimal maintenance.

Dimensions: 61 x 67.5 x 43.75
Shipping Weight: 405 lbs
Plates sold separately.

6008 TRAP SHRUG/LUNGE/DEADLIFT UNILATERAL CONVERGING
Adjustable handle angle for inward or outward facing exercises. Dual handles for narrow and wide grip. Extra long loading pegs hold seven or more plates. Upholstered split squat ankle rollers adjust for length.

Dimensions: 76.25 x 67 x 32
Shipping Weight: 387 lbs
Plates sold separately.

6009 HIGH ROW (45 DEGREE) UNILATERAL CONVERGING
Two-position chrome-plated foot pegs. Four-position handles: high, low, wide and neutral. Extra long loading pegs hold seven or more plates. Seat and sternum pads adjustable for height and reach.

Dimensions: 64.75 x 64.5 x 87
Shipping Weight: 668 lbs
Plates sold separately.

6010 SEATED TRICEP PRESS UNILATERAL OR LINKED
Unilateral or linked lever action. Face inward for traditional dips, outward for bench-style dips. Extra long loading pegs hold 7+ plates. Very adjustable, every user dimension can be set to the user’s stature.

Dimensions: 73.75 x 60.75 x 44.75
Shipping Weight: 578 lbs
Plates sold separately.
**PLATE-LOADED: UPPER BODY**

### 3140 DESTROYER
- Ground-based, full body thrusting exercise.
- Chrome-plated weight pegs.
- Smooth pillow block bearings.

**Dimensions**
- 53.5 x 83.75 x 84.5

**Shipping Weight**
- 574 lbs

Plates sold separately.

### 3124 SMITH MACHINE
- 25 lb counter-balanced Olympic bar.
- 5° path of motion.
- Linear bearings.
- Chrome-plated plate storage.

**Dimensions**
- 53 x 84 x 92.5

**Shipping Weight**
- 720 lbs

Plates sold separately.

### 3229 PRO SERIES INCLINE LEVER ROW
- Reduces low-back strain during lat work.
- Handle offers wide and neutral grips.
- Adjustable, wheeled footplates for quick adjustments.
- Main frame is fully welded for maximum durability and rigidity.

Shipping weight: 302 lbs. | 57” x 36” x 60”

Plates sold separately.

### 3110 INCLINE LEVER ROW
- Reduces low-back strain during lat work.
- Handle offers wide and neutral grips.
- Chrome-plated, Olympic-sized weight peg.
- Main frame is fully welded for maximum durability and rigidity.
- Rigid diamond plate foot platform.

Shipping weight: 275 lbs. | 75” x 41” x 60”

Plates sold separately.

### 3260 T-BAR ROW
- Hits most major back muscles.
- Core and hamstrings used for stability.
- Chrome-plated plate storage.
- Adjustable handle height.

**Dimensions**
- 75.25 x 40.25 x 34.25

**Shipping Weight**
- 310 lbs

Plates sold separately.

### 3136 LAT/LOW ROW
- Snap link exchange to move between floor rows and pulldowns.
- Chrome load pegs.
- Frame wearguards.

**Dimensions**
- 83.5 x 48 x 91.25

**Shipping Weight**
- 534 lbs

Plates sold separately.

### 3165 TRAP SHRUGGER
- Fully welded construction.
- Chrome-plated Olympic load pegs.

**Dimensions**
- 52.5 x 24.74 x 24.5

**Shipping Weight**
- 155 lbs

Plates sold separately.

### 3220 GRAPPLER
- Accommodates two Olympic bars.
- Weighted base plate.
- Supplied with wide grip handle and vee grip handle.

Shipping weight: 80 lbs. | 12” x 29” x 6”

Bar sold separately.
**PLATE-LOADED: LOWER BODY**

### 3308 UNILATERAL ANGLE LEG PRESS

- Resistance/assistance band hooks.
- Linear bearings on case-hardened alloy steel shafts.
- Chrome-plated weight pegs and angled weight horns.
- Extra large footplate area and calf raise plate.
- Plates sold separately.

<table>
<thead>
<tr>
<th>Dimensions (LxWxH)</th>
<th>Shipping Weight</th>
<th>Fully Welded, No Frame Fasteners</th>
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<tbody>
<tr>
<td>101.5 x 48 x 69</td>
<td>901 lbs</td>
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### 3122 ANGLE LEG PRESS

- Linear bearings on case-hardened alloy steel shafts.
- Chrome-plated weight pegs and angled weight horns.
- Extra large footplate area and calf raise plate.
- Plates sold separately.

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<tr>
<td>89.5 x 66.5 x 58</td>
<td>733 lbs</td>
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### 7016 PRO SERIES STEALTH LEG PRESS

- Convert your rack or cage into a leg press.
- Chrome-plated weight peg can hold up to eight 45-lb plates.
- Can also hold a loaded barbell for additional weight resistance.
- Low-positioned weight for proper resistance feel.
- Adjustable starting positions.
- Can be configured for step-ups or kick backs.
- Also functions as a push sled.

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</thead>
<tbody>
<tr>
<td>34.25 x 49 x 41</td>
<td>274 lbs</td>
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### 7015 STEALTH LEG PRESS

- Convert your rack or cage into a leg press.
- Solid steel construction.
- Chrome-plated weight peg holds eight 45-lb plates.
- Low-positioned weight for proper resistance feel.
- Adjustable starting positions.

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<tr>
<td>34.25 x 49 x 41</td>
<td>204 lbs</td>
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Plates sold separately.
PLATE-LOADED: LOWER BODY

3224 LEG PRESS/HACK SQUAT COMBO
Switch between exercises via removable footplate/seat back. Linear bearings on solid steel shafts at 45° angle. Unloaded carriage weight: 105 lbs.

Dimensions 92.5 x 67 x 59
Shipping Weight 897 lbs
Fully Welded, No Frame Fasteners

Plates sold separately.

3123 HACK SQUAT
Linear bearings on solid steel shafts at 45° angle. Chrome-plated weight pegs and angled weight horns. 36 by 36-inch footplate area.

Dimensions 93.5 x 58.5 x 59
Shipping Weight 716 lbs
Fully Welded, No Frame Fasteners

Plates sold separately.

3129 SQUAT MACHINE
Perform squats safely on horizontal or angled foot platforms. Perform leaps to build explosive power. Removable Calf Blaster (silver vein finish only). Three starting heights. Dual supports for starting height added.

Dimensions 87 x 34 x 65.25
Shipping Weight 540 lbs

Plates sold separately.

3217 BELT SQUAT MACHINE
Perform squats w/o involving shoulders or back. Wide deck plate allows sumo stances, split squats, lunges, etc. Attach a handle for pull throughs, shrugs, or tricep extensions.

Dimensions 84 x 43 x 67.5
Shipping Weight 654 lbs

Plates sold separately.
3135 LEG EXTENSION/CURL
Upholstered leg rollers.
Smooth, durable pillow block bearings.
Frame wearguards.

- Dimensions: 66.5 x 25 x 38.5
- Shipping Weight: 265 lbs

Plates sold separately.

3175 STANDING LEG CURL
Self-adjusting roller pad.
Diamond plate foot platform.
Chrome-plated Olympic weight peg.

- Dimensions: 24.5 x 39.75 x 44
- Shipping Weight: 182 lbs

Plates sold separately.

3119 SEATED CALF
Effective in isolating the soleus muscle/strengthening the Achilles tendon.
Adjustable thigh pads.

- Dimensions: 50 x 25.5 x 40
- Shipping Weight: 219 lbs

Plates sold separately.

3152 STANDING CALF
Angled, narrow footplate maintains foot placement and maximum stretch.
Height adjustable.

- Dimensions: 51.25 x 36.75 x 78.75
- Shipping Weight: 262 lbs

Plates sold separately.