LEGENDFITNESS

SELECTEDGE BICEP CURL

(Part 1104)

- Extra wide handles provide several grip positions.
- Dense foam padding, top-stitched 32oz vinyl upholstery.
- · Partially hidden aviation-grade cabling.
- Mechanically assisted seat adjustment.
- · Effort reduction minimized for better weight feel.



The SelectEDGE Bicep Curl offers a good pump for most, or a solid mass-building exercise for more serious users. This design minimizes pulley reduction and effort reduced by leverage. In other words, 30 pounds on this machine feels like 30 pounds. This is good for both user types. High-quality bearings keep things moving smoothly. Two-tone upholstery is standard, and there are 30 frame colors to choose from, so the SelectEDGE Bicep Curl can blend into any club or training environments.

WEIGHT STACK INFO:

The SelectEDGE Bicep
Curl comes standard with a
150-pound weight stack in
10-pound increments. A fivepound adder plate assists in
strength progression. If more
effort is desired, weight stack
upgrades of 200 and 250 pounds
are available.





