

**LEGEND FITNESS**

# HEAVY LIFTING NECESSITIES

## THE COMPETITION FLAT BENCH PRESS

Designed to meet all IPF standards for bench press competitions, with measurements as follows:

Pad surface height: 17 inches

Pad extend from bar center: 9 inches

Spotter platform dimensions: 18 by 30 inches

Pad dimensions: 51.5 by 12 inches

Gap between bar catches: 44 inches

Chrome-plated posts and bar catches.

Laser-cut hole numbering and one-inch hole spacing.

Only two frame bolts--everything else is welded for the ultimate in strength and rigidity.

Tall bar catch tabs with polymer wearguards make it easier to rack the weight and protect bar knurling.

Another wearguard on the side of the post protects the finish during plate exchanges



Part Number  
**3906**

Bar and plates sold separately.